



Pep Rallies!



**Girls & Boys Soccer Teams:
two sports fields on site**



Program wide activities



**Cross Country Team:
use of Hub Trail to train!**



SUPERIOR HEIGHTS COLLEGIATE & VOCATIONAL GRADE 7-12 SCHOOL

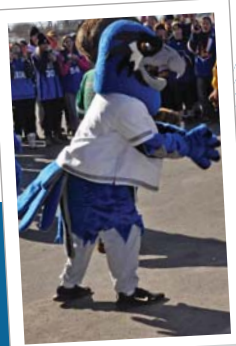
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For further information contact:

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**Stan our hyped up
Steelhawk!**



Boys Soccer Team

COME FIND OUT WHAT MAKES
SUPERIOR HEIGHTS
SUPERIOR!



Superior Heights

Collegiate and Vocational
7-12 School



GRADE 7&8

INTERMEDIATE PROGRAM

COME SOAR WITH US!



WHY ENROL IN GRADE 7 AND 8 AT SUPERIOR HEIGHTS?

Become a Steelhawk & join a community of positive, accepting learners who want to help you succeed! Our excellent facilities and caring staff make Superior Heights a wonderful place to learn and grow.

The Superior Heights 7 & 8 Program

Our 7-12 program provides students with a **gradual transition** into secondary school. Students experience elements of secondary school which makes the **transition to high school** seamless as they have already been exposed to the school culture and environment. Grade 7 and 8 students are treated to specialty learning rooms, their own locker, a cafeteria, superior athletic facilities, extra-curricular clubs/teams and technology that supports their success. The grade 7 and 8 curriculum expectations are the same for all ADSB students. However, the curriculum in a 7-12 school can be taught differently because of the **access to specialty facilities and subject-specific teachers**. Students experience Rotary in their timetable which mirrors secondary school routines.



Math in a kitchen!

Reach Ahead

Depending on timetable availability in the secondary program, grade 8 students (in consultation with parents) can reach ahead and take a grade 9 class. They may receive credit for the course giving them a head start in high school. Many of our grade 8 students choose to take a grade 9 credit during their grade 8 year. This is another valuable transition experience where students experience high school at a gradual pace.

Volunteer Opportunities with our Nutrition Program



Programming Opportunities, Modern Technology, Superior Facility!

X-Block - Once a week the students are taught by a high school teacher to get an introduction to secondary courses. This year students had instruction in:

- Riding for Focus Bicycle Program. With our 30 mountain bikes, students learn how to maintain and ride bikes safely.
- 3D Printing Technology
- Personal Fitness and Nutrition



Continuing for SEPTEMBER 2026!

- Ride For Focus Bicycle Program
- Access to our innovative ADSB Hockey Canada Skills Academy
- Access to ADSB's Tech Trailer: an introduction to the skilled trades, tool safety and woodworking.



ADSB's Tech Trailer

Students have access to:

- Modern science labs, including health & medical sciences
- X-Block for hands-on learning
- Music/drama/visual arts programming
- Increased involvement in extra-curricular programs
- Track and sports fields; paved track
- Artificial playing field, first of its kind in SSM
- New & up-to-date computer technologies to collaborate, communicate & connect
- Multi-media & communications centre
- Opportunities for Webcasting, podcasting & video casting
- Modern Learning Commons with excellent resources
- Wireless Technology

Zoomie the therapy dog = Superior Smiles



Hands-on Learning



Superior Heights is home to:

- Health & Wellness Specialist High Skills Major (SHSM)
- Hospitality & Tourism SHSM
- Health Science Program
- International Languages including French Immersion & Spanish
- Fitness/aerobic studio & weight room / 2 large gymnasiums
- Graphic & visual arts studios/instrumental & vocal music/drama/theatre arts centre including recording studio
- Cosmetology & fashion arts studios
- Culinary Arts Program
- Traditional trades & technology & automotive
- Cafetorium & stage
- Science/mathematics/social studies/family studies
- Student forum/ student services area
- Enhanced safety with security cameras located throughout the building and property

Superior School Spirit



Grade 7-9 Junior Dance Team in our Superior Facility - Dance Studio!