



Social Emotional Learning

Positive Post-Its

Student perceptions of kindness at school are key in developing their understanding of the climate in their school. School climate considers the environment and its impact on psychological well-being of school members (student and staff). Activities that support the development of kind interactions for staff and students can support the goals of a safe and positive school climate to foster learning and prosocial behaviors. NOTE: Students usually indicate a decrease in perceived kindness over the grade four to eight years and therefore, activities such as this may be especially key in these years (Binjet et al. 2016)

Getting Started

Discuss what a "positive comment" sounds like, looks like, feels like.

Both educators and students anonymously write something nice about someone

In a designated space or on paper specifically labelled with each individual's name post the comment.



this issue

Staff Well-Being: Stay Well P.1

Character Matters: WC Eaket P.2

Days of Significance: Black History Month P.3



Celebrating Canadian Black History Month

Each year, staff and students throughout Algoma District School Board are invited to participate in Black History Month to celebrate the many achievements and to honour Black Canadians, both past and present, who make Canada the culturally diverse and prosperous nation it is today. While it had been unofficially recognized in Canada for several decades, in December 1995 the House of Commons officially recognized February as Canadian Black History Month.

As we continue to respond to the results of the ADSB Student Census & Well-Being Survey by fostering inclusive, welcoming learning and working environments, where all students, staff and families see themselves, the Algoma District School Board is encouraging all schools to recognize Canadian Black History Month in morning announcements and classroom learning activities. We also recognized that Black History is Canadian History so the integration of learning about Black Canadians and their contributions to Canadian Society should be ongoing throughout the year.



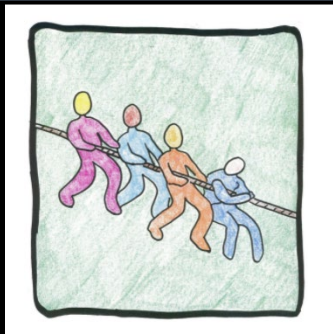
Sign Up HERE

YOGA

- 1 hour yoga, meditation session
- All levels welcome
- Wednesdays 6:30-7:30
- Join us via TEAMS

Wednesday Feb 23rd,
March 9, April 6





Cooperation

I show cooperation when...

- *I help others in need*
- *I ask for help when I need it*
- *I work together toward a common goal*
- *I solve conflicts peacefully*
- *I am a good leader and a good follower*
- *I communicate well with others*
- *I share*
- *I respect others and their unique skills*



Digging Deeper

Character Matters: W.C. Eaket Secondary Students

The Boom Camp / Zi'Zahging Ziibii is a breathtaking trail system provided by the Mississauga First Nation and Blind River Communities. Located on the west end of Blind River the 12 kms of trails are maintained as cross country ski trails in the winter and hiking/biking trails in the off season. The area is not only a natural beauty but has significant cultural and historical ties to the area. Visitors are encouraged to explore and learn more through the interpretative sign system.

Recently, W.C. Eaket Secondary Students partnered with the Town of Blind River and Mississauga First Nations to create interpretative wildlife signs for the trails. The students of the Grade 12 English class at W.C. Eaket wrote the messages in English. Each sign highlights an animal that may be seen on the trails and considers the wetlands part of their habitat. After the students in Ms. Dunbar's English class completed the signs, the students in Mr. Sloat's French class translated the English into French. The signs were then translated by Mississauga First Nations into Ojibwe. All five signs will be posted throughout the trails for visitors to enjoy.

The signs are only one of several projects that the students of WC Eaket and the Town of



Blind River have worked on together, building a strong partnership. While language students have been involved with signage for the trails, construction students have helped build dugouts and work at the recreational facilities in the town. These projects have given students real world experience while contributing to the community in which they live.

Bon Soo Olympics: Student Senate

The ADSB Student Senate and Project ABCD will be hosting the 2022 Bon Soo Olympics during the month of February. For the 8th consecutive year, Project ABCD and School Senate have been promoting school spirit and healthy highs through this event. Contact your school senate to see how your class can get involved in this competition and have a chance to win a class pizza party! **Winners of a challenge will receive a pizza party. Overall winner (point total for the combined 7 categories) will be named Bon Soo Champion and receive the travelling trophy.**



Events

- Snow Sculpture
- Mascot Shuffle
- Healthy Hollar
- Outdoor Event
- Creativity Corner
- Cultivating Kindness
- Social Media





Promoting Mental Health Online



ConnexGo. Connects people of Ontario to mental health services. Free and confidential.



Kids Help Line. Free Mental Health Services online, text or call. Great resources for kids, families, educators.



School Mental Health Ontario. Fantastic resources, lesson plans, and tool kits for students, educators and families.

Black History Month Feb 2022

Every February, Canadians are invited to participate in Black History Month festivities and events that honour the legacy of Black Canadians, past and present.

CHD Awareness Day

Feb 14, 2022

A day to promote awareness and provide education about congenital heart defects. CHDs are the most common birth defects worldwide.

Valentine's Day

Feb 14, 2022

The Feast Day of St. Valentine, celebrated annually, is a day of love and admiration.

Flag Day

Feb. 15, 2022

Flag Day is observed annually to commemorate the inauguration of the Flag of Canada on that date in 1965.

Nirvana Day

Feb. 15, 2022

The day commemorates the death of the historical Buddha and his entry into final or complete Nirvana.

Family Day

Feb. 21, 2022

A provincial holiday celebrating the importance of families and family life to people and their

National Day of Remembrance

QUEBEC CITY MOSQUE ATTACK

& Action Against islamophoiba

JAN
29

The Green Square Capaign takes place to remember those who died and raise awareness of Islamophobia in Canada. To learn more go to www.nccm.ca

Feb 23rd

Pink Shirt
Day

At ADSB we wear pink to raise awareness about bullying prevention and promote healthy relationships.

- Fighting back makes the bullying worse
- Bullying happens wherever children gather to live, learn, or play
- Bullying can occur within the family or the family home
- Peers play a major role in bullying – by either escalating or stopping it
- Bullying is a human rights issue – one of safety and inclusion

Facts from
PREVnet
about
Bullying

- Bullying causes serious harm
- Children do not grow out of bullying
- Bullying affects the majority of our children
- We are not doing enough to protect Canadian youth
- Reporting bullying is an effective way to stop the violence

Learn more
here



Human Trafficking Awareness Day

Feb. 22, 2022

Opportunities to learn more about Human Trafficking in the Algoma District, warning signs, and what you can do if you suspect a student is involved in Human Trafficking will be available through community information sessions the week of Feb. 22, 2022. More information will be posted in EDSBY River of News.

Celebrating Canadian Black History

Did You Know?

The first African slave on record in Canada was a 6-year-old boy named Olivier Le Jeune sold in New France in 1629.

Slavery was abolished in British North America in 1834 by the British government. Prior to 1834, it was common to have Black and First Nation slaves in Upper and Lower Canada, and parts of the Maritimes.

Just outside of Sault Ste. Marie, Neebish Island was a northern gateway into Canada for some escaped American slaves in the Underground Railroad.

The last segregated school for Black students in Canada closed in 1983 in Lincolnville, NS. Segregated schools operated in several Canadian provinces.

Viola Desmond is the first Canadian woman to be featured on a Canadian bill. In 1946 she refused to leave the whites-only section of the Roseland Theatre in Nova Scotia. She was jailed for her actions and helped to bring about change to inequalities faced by Canadians.

Lincoln MacCauley Alexander was the first Black member of Parliament, Cabinet minister, and lieutenant-governor of Ontario

[The Canadian Encyclopedia](http://thecanadianencyclopedia.ca),
thecanadianencyclopedia.ca

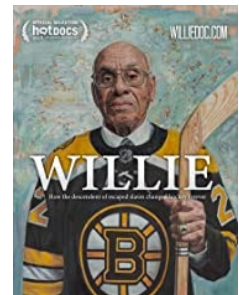
*The Algoma District School Board supports Canadian Black History Month and is encouraging schools to support this effort by developing programs and activities that can bring awareness to students and teachers about the importance of the contributions and teaching the rich history of Black Canadians in Canada. While the province has designated a specific month, activities can take place throughout the school year while integrated into the curriculum. **To support schools with developing programs and activities, several resources and a support guide are highlighted below.***

Celebrations/History

- [23 Historical Black Canadians You Should Know](#)
- [Noteworthy Historical Figures, Government of Canada](#)
- [Cynthia Appiah, Canadian Olympic Bobsledder](#)
- [The Black History in Canada Guide](#)
- [Blacks in Canadian Human Rights and Equity History Timeline](#)

Films

- [Fantastic Collection of documentaries! Hot docs](#)
- [Willie](#)



Posters

- [EFTO Black History Posters](#)
- [Black History Month Poster, Government of Canada](#)

Shared Resources

**"Knowledge of history is dangerous.
Knowledge of history is radical.
You understand history and no one can lie
to you."**

-George Elliot Clarke, Canadian poet,
novelist, playwright and critic

Find more about how to teach, different
approaches, ensuring inclusion, identities here

