

A Collaborative, School-Based Approach to Addressing Child and Youth Problem Behavior and Mental Health Issues that Promotes Positive, Healthy Communities

March 2009

## Our Objective

To promote and support the positive behaviour, well-being and mental health of all children and youth in order to maximize their full potential.



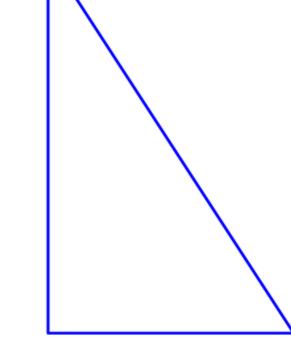
### Our Goals for the Model

- Develop a shared vision
- Deliver comprehensive, integrated services for children and youth through collaboration and partnership
- Develop a comprehensive range of services prevention through intensive intervention
- Enhance positive child and youth mental health in our communities
- Maximize the use of existing resources throughout the Algoma Region
- Strategically pool government funding to maximize community capacity

### Rationale for the Model

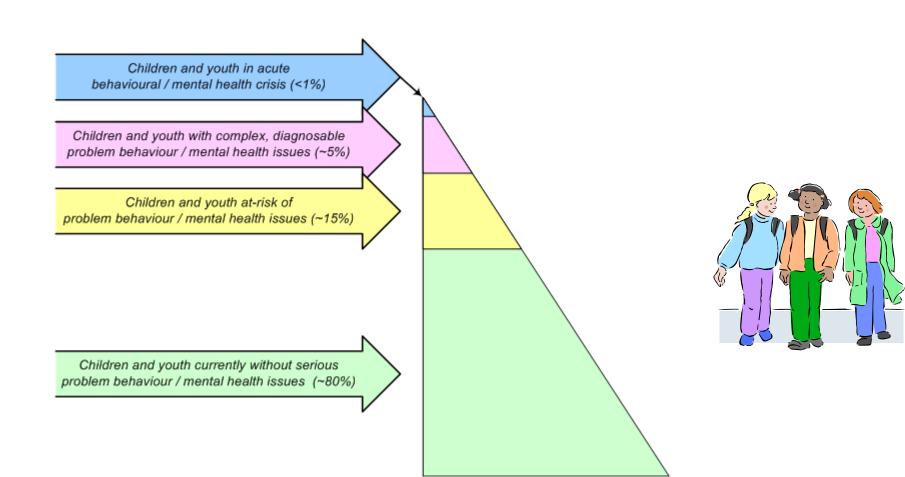
- One in five children and youth, at any given time, experience a mental health issue
- Prevention, early identification and intervention lead to healthy communities
- Schools represent the single largest resource available to the children and youth in our communities – and play a key role in positive child and youth mental health and well-being
- Collaboration, joint decision-making, and strong community partnerships maximize the available resources and expertise

# This triangle represents all children and youth in the community





## This triangle represents all children and youth – broken out by behavioural and mental health status

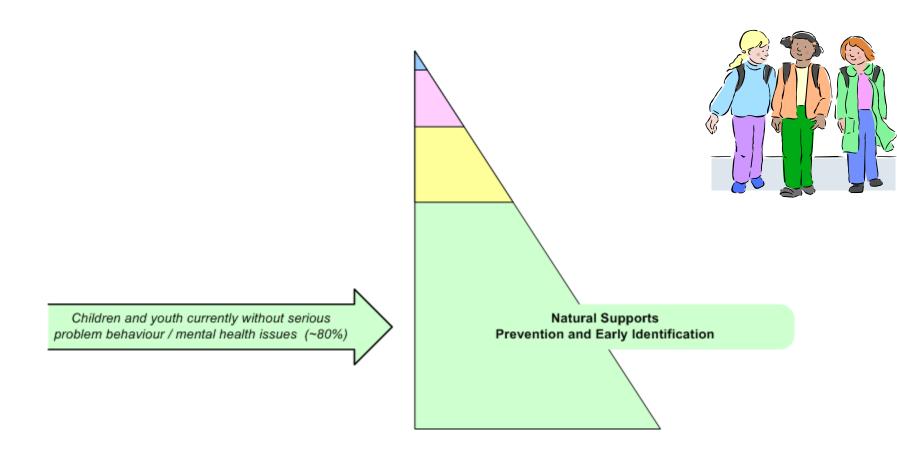


The model uses our schools as "hubs of opportunity" to support the mental health of our children and youth through a comprehensive range of natural supports, targeted interventions, specialized treatment, and crisis services



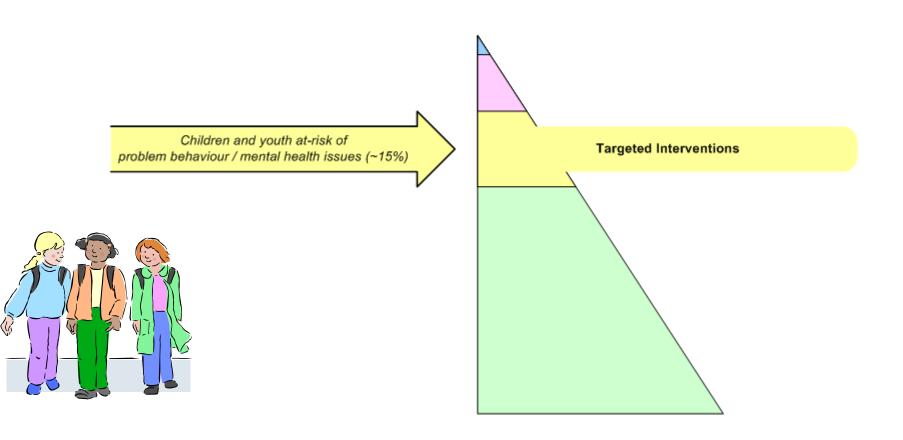
#### Positive & Supportive School Climate

Building a school environment and culture that enhances and supports resiliency for all children and youth, And where primary prevention and early identification of mental health issues take place



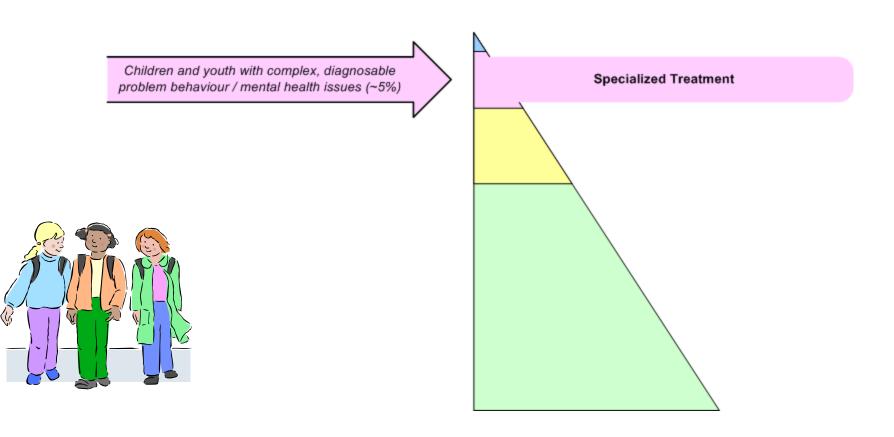
#### Student Support Leadership Initiative

Engaging with community service providers to link at-risk children and youth with the services and supports they need – both by encouraging service delivery directly in schools and by facilitating access to services delivered in the community



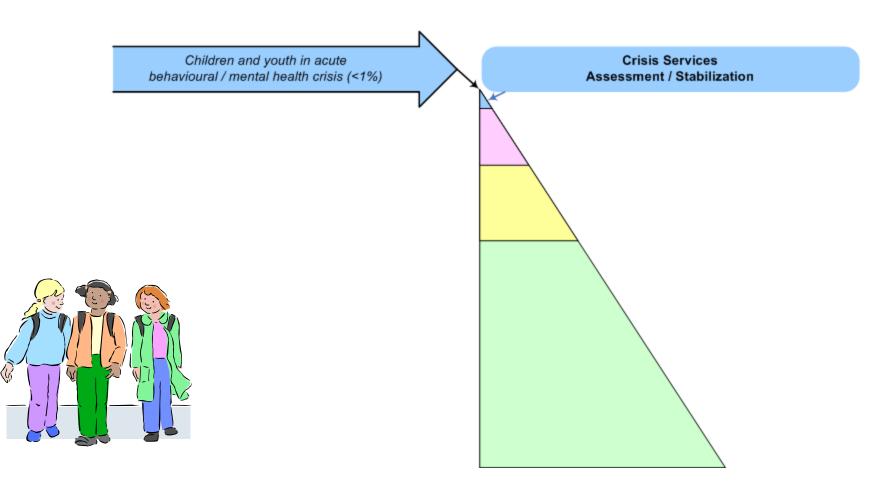
#### School-Based Treatment, Behavioral Interventions and Supports

Ensuring that children and youth presenting with significant behavioural difficulties and mental health issues receive the support and treatment necessary to be successful in school



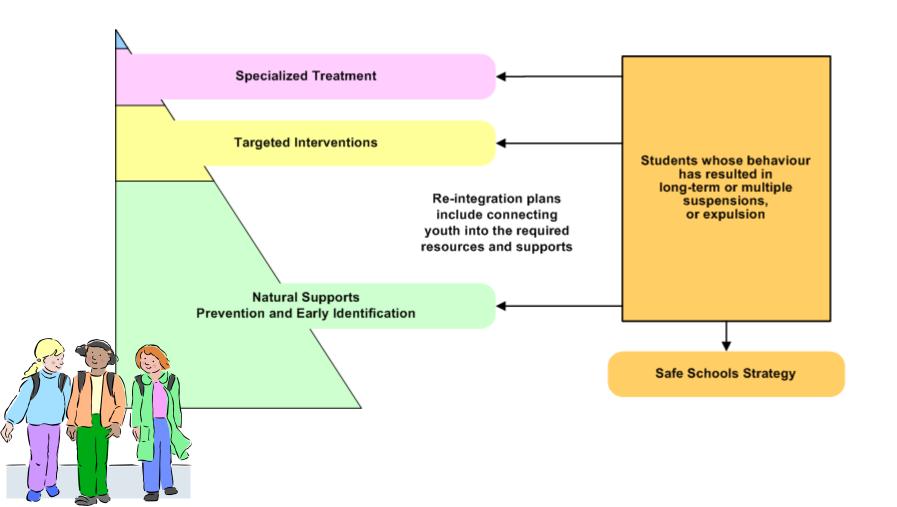
## Crisis Services Assessment and Stablization

Partnering with other service providers in the community to advocate for adequate mental health crisis intervention and treatment capacity to address the needs of children and youth in our communities; and partnering in the delivery of those services whenever appropriate



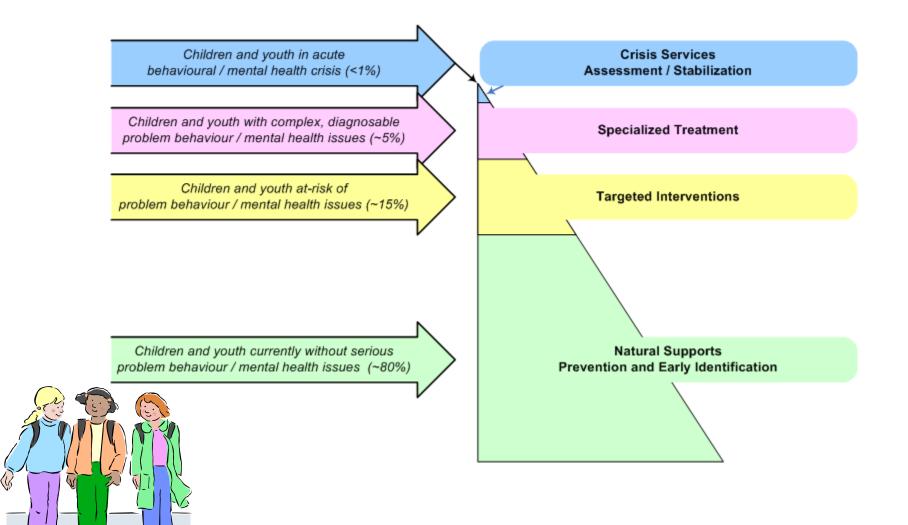
#### Bill 212 / Safe Schools Strategy

Addressing the emotional, social, behavioural and academic needs of students who are suspended or expelled – and optimizing their reintegration plans



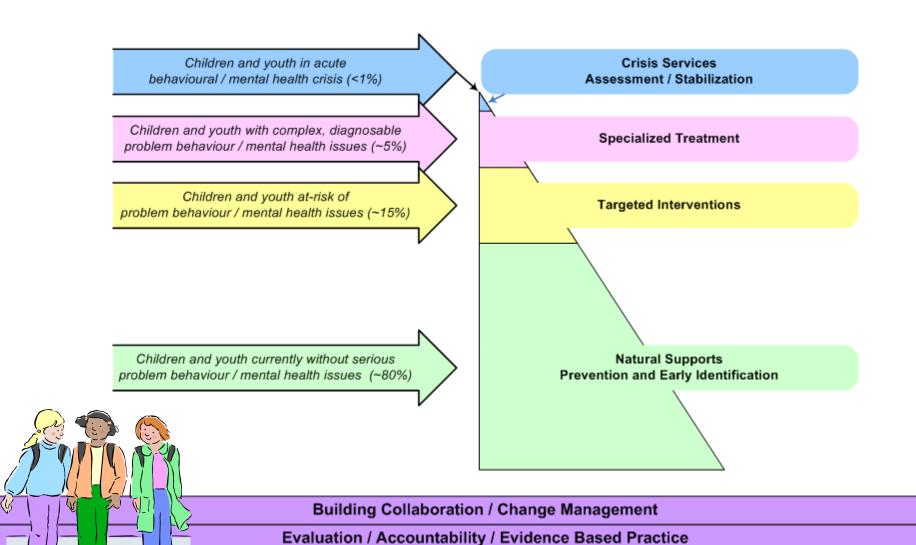
#### The Service Model

Using schools as "hubs of opportunity" for our communities to support the mental health of our child and youth through a comprehensive range of natural supports, targeted interventions, specialized treatment, and crisis services



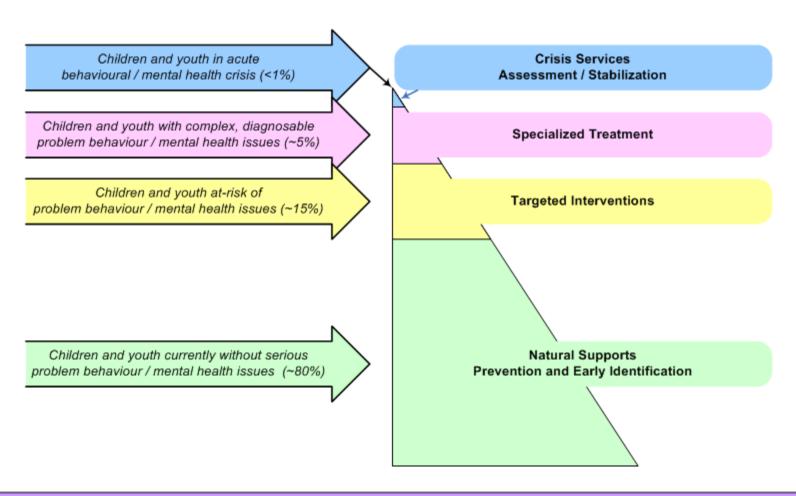
#### The Management Model

Addressing the importance of building collaboration, addressing change management, undertaking evaluation, being accountable, and acting on our commitment to evidence based practice



The model can also be used as a planning tool in other collaborative efforts to promote and support the positive behaviour, well-being and mental health of children and youth in our communities.

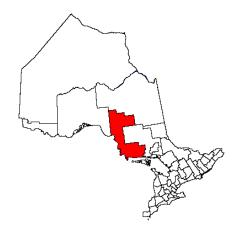




**Building Collaboration / Change Management** 

Evaluation / Accountability / Evidence Based Practice

Working together
to promote and support the
positive behaviour, well-being and
mental health of all children and youth
in order to maximize
their full potential.



#### The Algoma Model draws on:

Kutash, K., Duchnowski, A.J. and Lynn, N. (2006). School-Based Mental Heath: An Empirical Guide for Decision Makers. Tampa, FL: University of South Florida, The Louis de la Parte Florida Mental Health Institute, Department of Child and Family Studies, Research and Training Center for Children's Mental Health.

