



this issue

Identity Management Day

April 12, 2023

Safe Gaming & the Metaverse

Gaming Safety Online

Do not use your own name, age, photo, or personally identifiable information.

Patch online games with the latest software updates and ensure anti-virus is up to date.

Use a password to protect your accounts.

Only use reputable sites to download games.

What's the Metaverse?

An online world where people can interact as digital characters in 3D. Apps can be downloaded for playing games, chatting, or hanging out.

Tips for guardians and teachers can be found [HERE](#)

Learn more at [ECNO.org](https://ecno.org)



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COMING UP - MAY 11, 2023

MOOSE HIDE CAMPAIGN DAY CALL FOR RECONCILIATION AND THE END OF GENDER-BASED VIOLENCE IN CANADA

K- 12 workshops are pre-recorded and available for educators. Workshops include a PDF with activities and discussion questions.

Register at:



K-12 Registration

Learn more at:

MOOSEHIDECAMPAIGN.CA

Resources and Downloads Available
Here



Moving Safely in and Safely Out of Difficult Histories

**FREE ONLINE
PROFESSIONAL DEVELOPMENT**

*How do we prepare classroom spaces
for courageous and difficult content?*

THURSDAY, APRIL 13TH
7:00PM TO 8:15PM

[REGISTER HERE](#)

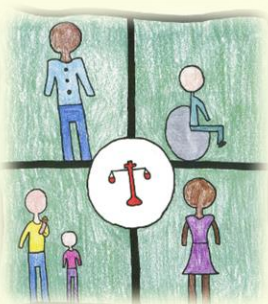
Student Achievement: Newly Elected Student Trustees



Respect

I show respect when...

- *I am polite*
- *I appreciate the uniqueness of others*
- *I have self-respect*
- *I am considerate of others, animals, and the environment*
- *I do not abuse the property of others*
- *I treat others the way I like to be treated*
- *I listen to a different opinion*



Introducing the New 2023/2024 Student Trustees

Voted in by members of the Student Senate and Northern Indigenous Youth Council, these three excellent candidates have been chosen to represent the ADSB for the upcoming school year.



CASEY BOUVIER
Chapleau

"I'm looking forward to seeing students grow as individuals and being a strong voice for every student across the board."



DESIRAE SCHELL-MIGWANS

Superior Heights
"My main goal is to make a better community for the students and staff within ADSB schools and give everyone more opportunities to celebrate and learn FNMI culture together."



ANDREW VAIR
Superior Heights

"I'm excited to learn new skills along with new colleagues and to bring together the students of the ADSB."

Student Competition: Cyber Champion Challenge! (ECNO)

ECNO is inviting Ontario students (K-12) to participate in a cyber awareness challenge to demonstrate their understanding of data security, online privacy, and best practices.

Participants will enter in one of the four categories: Primary, Junior, Intermediate, or Senior.

Eight prizes will be awarded to students and teachers in each category – *including a new laptop for each student!*

Guidelines: "Create an original piece of media that demonstrates and promotes data security, online privacy and/or being mindful online. Think of reasons why this issue is important and how it impacts you and your peers. Media product can be digital or physical and must have: a title, impactful message, image(s), student first name only."

The judging rubric is available on the website.

Deadline for Submissions: April 21st

Find out more at <https://cyberchampion.ca/>



SIKH HERITAGE MONTH

The Sikh population in Canada is the second-largest Sikh population in the world! Canada recognizes April as Sikh Heritage Month and acknowledges the significant contributions that Sikh Canadians have made to Canada's social, economic, political and cultural fabric, as well as the richness of the Punjabi language and culture. This month allows Canadians to celebrate Sikh culture, arts, and heritage and to facilitate connection among communities. April was specifically chosen because of its importance for Sikhs. In April, Sikh Canadians celebrate Vaisakhi, which marks the formalization of the Khalsa and the Sikh articles of faith.



INFLUENTIAL SIKH CANADIANS



HARNARAYAN SINGH

Hockey Night in Canada



NAV BHATIA

Raptors "Superfan"



RUHI KAUR

Poet, Artist, Performer



JAGMEET SINGH

Leader of the NDP



**THE HONOURABLE
PALBINDER KAUR SHERGILL**

BC Supreme Court Judge

Ramadan

Mar. 22 – Apr. 20, 2023

The 9th month of the Islamic calendar observed by Muslims worldwide with prayer, fasting, reflection, and community.

World Autism

Awareness Day

Apr. 02, 2023

A United Nations sanctioned day focused on sharing stories, providing opportunities, increasing understanding, and fostering worldwide support.

International Day of Pink

Apr. 12, 2023

A global day dedicated to celebrating and standing in solidarity with the 2SLGBTQIA+ community to fight for equity and acceptance.

Day of Silence

Apr. 14, 2023

A student-led demonstration held annually on the second Friday in April. 2SLGBTQIA+ students and allies take a vow of silence to protest the harmful effects of harassment and discrimination in schools.

International Mother Earth Day

Apr. 22, 2023

A day recognizing the Earth and its ecosystems and the need to protect the Earth to counteract climate change and stop the collapse of biodiversity.

Eid al-Fitr

Apr. 22, 2023

Marks the end of Ramadan and is distinguished by the performance of communal prayer.

National Day of Mourning

Apr. 28, 2023

A national day in Canada to remember and honour those who have died, been injured, or suffered illness in the workplace.

APRIL 12

International Day of Pink



In the ADSB, we all celebrate "Pink Shirt Day" in February to take a stand against bullying. Although similar in name, *the International Day of Pink* focuses on 2SLGBTQIA+ folks and invites us to join in the continued fight for acceptance, equity, and inclusion. We must recognize that bullying, violence, and hate disproportionately affects members of these communities and while progress has been made, discrimination still exists – including within our schools. International Day of Pink 2023 celebrates the courage to be oneself and a mission to create a more inclusive and diverse world. Together we can *celebrate diversity, demand equality, and stand in solidarity*. **On April 12th, wear a pink shirt again!** Resources available [HERE](#).

DAY OF SILENCE

ON APRIL 14TH, STUDENTS ACROSS THE COUNTRY WILL GO THROUGH THE SCHOOL DAY WITHOUT SPEAKING, ENDING THE DAY WITH "BREAKING THE SILENCE" RALLIES. THESE STUDENTS ARE WORKING TOWARDS BRINGING ATTENTION TO ISSUES FACING 2SLGBTQIA+ STUDENTS AND FOSTERING GREATER INCLUSION IN THEIR SCHOOLS AND COMMUNITIES

[Resources Available Here](#)



Ramadan Kareem

Ramadan Mubarak

RAMADAN TOOLKIT



MUSLIM
ADVISORY COUNCIL
OF CANADA

WHAT IS RAMADAN?

IT IS THE MONTH OF FASTING OBSERVED BY MUSLIMS IN CANADA & AROUND THE WORLD WITH A FOCUS ON SPIRITUALITY AND INCREASED GENEROSITY

MUSLIMS ABSTAIN FROM ALL FOOD, DRINK (YES, NOT EVEN WATER!), SMOKING & SEXUAL RELATIONS FROM SUNRISE TO SUNSET DURING THIS MONTH

CHILDREN, THE SICK, THE ELDERLY, TRAVELERS, PREGNANT, BREASTFEEDING OR MENSTRUATING WOMEN ARE EXEMPT FROM FASTING

SIGNIFICANCE OF RAMADAN?

THE QURAN (HOLY BOOK) WAS REVEALED DURING THIS BLESSED MONTH WHICH SERVES AS A GUIDANCE FOR ALL MUSLIMS

FASTING IS ONE OF THE FIVE PILLARS OF ISLAM (CORE BELIEFS & PRACTICES OF ISLAM)

OPPORTUNITY FOR SPIRITUAL GROWTH, PURIFICATION OF ONE'S BODY, SOUL AND STRENGTHENING OF ONE'S FAITH.

HOW DO MUSLIMS FAST?

PRIOR TO DAWN, MUSLIMS WAKE UP TO EAT A MEAL CALLED SUHOOR. THEY STOP EATING WHEN THE CALL TO PRAYER IS HEARD & OFFER THE FIRST PRAYER OF THE DAY

AT SUNSET, THE FAST IS BROKEN BY EATING A DATE, FOLLOWED BY PRAYER AND THEN A MEAL CALLED IFTAR

SUHOOR=PRE-DAWN MEAL-ITEMS SUCH AS OATMEAL, EGGS, SMOOTHIES ARE EATEN IFTAR=SUNSET MEAL ITEMS SUCH AS DATES, DINNER ITEMS, FRUIT, SAMOSAS ARE EATEN

WAYS TO SUPPORT THE MUSLIM COMMUNITY DURING RAMADAN

YOU MAY CHOOSE TO GREET MUSLIM NEIGHBOURS AND FRIENDS WITH "RAMADAN MUBARAK" (BLESSED RAMADAN) OR HAPPY RAMADAN!

BE CONSIDERATE AND UNDERSTANDING TOWARDS THOSE FASTING. SHARE THE EXPERIENCE OF AN IFTAR MEAL WITH A FRIEND AND CONSIDER HOSTING

DON'T BE AFRAID TO ASK QUESTIONS AND LEARN!

Resource Links to Support Teaching and Learning

The Alberta Teachers' Association – Teaching Resources: <https://teachers-ab.libguides.com/ramadan/teaching>

Digital Resources for Muslim Students: <https://www.digitalramadan.com/resources>

The Muslim Youth Hopeline: <https://amala.mas-ssf.org/> or 1-855-952-6252

Ramadan Activities for Kids: <https://littlewingscreative.com/ramadan-for-kids-activities/>